



# Spiritual & Scientific Astrology

## KNOW ROOT CAUSES BEHIND DISTURBED OR STRESSED MIND

CLIENT DETAILS		CLIENT BIRTH DETAILS	
Name		DOB	
Address		TOB	
Email Id		POB	
Contact No.			

**Description:** Everyone is prone to stress, but not everyone deals with it the same way. Some resort to different nerve-calming techniques like yoga and meditation, while others like to communicate their emotions and feelings. The impact of stress on every individual can be different. Given that people have distinct, unique personalities, the effect of stress on each one of them and how they respond to it may also differ. Occult science is a good medium to get to know yourself, and hence it can help you get a better perspective on why your mind is wavering and how you can ease it. Many things can cause stress. You might feel stressed because of one big event or situation in your life. Or it might be a build-up of lots of smaller things. In recent times, Vibrational Theory has proven to be the prominent way to solve mental health and stress related issues in life. For this reason, we developed a miraculous occult method which is known as *Spiritual & Scientific Astrology*. Through this method, we deeply analyse various vibrations attached with one's physical body and auric field. On behalf of this analysis we identify the root causes behind your disturbed or stressed mind.

S.No.	Root Causes	Present on Rating Scale (0-10)	Remark
1.	Worry		
2.	Anger Contempt		
3.	Frustration About Past		
4.	Bad Experience in Past		
5.	Deep Negative Thoughts		
6.	Physical Problems		
7.	Inability to Suppress Stress		
8.	Family Problem		
9.	Married Life Problem		
10.	Emotional Problem		
11.	Depression		
12.	Insecurity Condition		
13.	Life in Danger		
14.	Any Other Reason 1		
15.	Any Other Reason 2		

**Note:**

**Rating Scale:** If rating scale is  $\leq 3.00$  it indicates **Not Present**, if it is  $\geq 3.10$  and  $\leq 5.00$  it indicates **Slightly Present**, if it is  $\geq 5.10$  and  $\leq 8.00$  it is **Moderately Present**, if it is  $> 8.10$  it is **Highly Present**.



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## Conclusion:

- ✓ The matrix given above tells you what are the important reasons due to which your mind is getting disturbed.

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